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### **Group Facilitation**

# Taking the mystery out of good group facilitation **HANDOUTS**

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## Effective Meetings & Group Process

Recipe for an effective group process or meeting 4 ingredients:

#### 1. Focus

- Process and content
- 2. Anticipated **outcome** or **purpose**
- 3. Facilitator
- 4. Time



## Key Points

- □ Effective meetings don't just happen, they are made
- Four ingredients to a good meeting. Focus of process and content, clear purpose, good facilitator and adequate time.
- Your purpose is simply what you hope to accomplish by bringing people together
- A good facilitator is not really a superhero. All you need are skills, appropriate knowledge & demeanor and tools.
- Primary role as facilitator is to provide focus and keep group focused on purpose of meeting
- You are <u>not</u> an active participant as a facilitator. Instead, think of yourself more like a lens to focus the group toward a purpose or outcome.

#### Thank you for your time and attention!



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